



XXIX TRAVESSIA DOS TEMPLARIOS- 5 KM
VILA NOVA-SERRA DE TOMAR, 30-9-2018

Prova 1
30-09-2018

5000m Livres

25 anos e mais velhos
Resultados

Lugar	Touca	Nome	Ano	Clube	Tempo final	diferença
ABSOLUTO MASTER AA TODOS						
1.	57	Marco VANTAGGIATO	1971	Litoral Alentejano	1:08:14.20	
2.	59	Mauro Santos INACIO	1984	Litoral Alentejano	1:08:14.60	+ 0.40
3.	83	Jose Carlos FREITAS	1963	Ind ANNP	1:10:58.85	+ 2:44.65
4.	19	Joao Carlos SILVA	1989	Colegio Monte Maior	1:16:01.20	+ 7:47.00
5.	33	Eurico Manuel SANTOS	1970	Colegio Monte Maior	1:16:06.38	+ 7:52.18
6.	64	Paulo Jorge MARQUES	1986	Gualdim Pais	1:19:12.10	+ 10:57.90
7.	11	Luis Paulo PITEIRA	1968	Palmela	1:19:18.31	+ 11:04.11
8.	03	Ana Teresa NUNES	1988	Ind	1:19:19.81	+ 11:05.61
9.	07	Alexandre Marques PEREIRA	1976	Colegio Monte Maior	1:19:26.85	+ 11:12.65
10.	32	Isabel Baptista FERREIRA	1967	Colegio Monte Maior	1:19:35.60	+ 11:21.40
11.	43	Rui Carvalho MARTINS	1984	Ginasio Clube	1:21:04.92	+ 12:50.72
12.	45	Alberto Vaz CORREIA	1955	Salesianos	1:21:12.03	+ 12:57.83
13.	27	Vitor Manuel MAVIOSO	1956	Alges	1:21:13.06	+ 12:58.86
14.	54	Frederico Gomes CARVALHO	1974	Naval Setubalense	1:21:16.99	+ 13:02.79
15.	47	Joao Manuel SILVA	1963	Millennium BCP	1:21:59.17	+ 13:44.97
16.	21	Daniel Filipe CANDEIAS	1991	Luz e Vida	1:22:29.13	+ 14:14.93
17.	48	Joana Isabel ARANTES	1972	Millennium BCP	1:24:00.35	+ 15:46.15
18.	60	Susana Maria MATEUS	1989	Litoral Alentejano	1:24:11.63	+ 15:57.43
19.	23	Ana Rita FERREIRA	1992	Colegio Monte Maior	1:25:19.13	+ 17:04.93
20.	25	Ricardo Miguel FRIAS	1973	Alges	1:25:37.13	+ 17:22.93
21.	02	Adelino Jose CASAS	1966	Colegio Monte Maior	1:27:00.87	+ 18:46.67
22.	15	Miguel Gonzalez LUENGO	1970	Nadadores dos Estori	1:27:36.60	+ 19:22.40
23.	100	Abigail Brooles SANTANA	1990	Colegio Monte Maior	1:27:47.63	+ 19:33.43
24.	61	Alexandra Adelinovna INACIO	1983	Colegio Monte Maior	1:27:58.85	+ 19:44.65
25.	05	Laura Manuela MIRANDA	1967	Colegio Monte Maior	1:29:56.77	+ 21:42.57
26.	22	Jose Virgulino TEODOSIO	1962	Luz e Vida	1:29:58.60	+ 21:44.40
27.	08	Francisco Santos BARROS	1972	Porto	1:31:50.34	+ 23:36.14
28.	37	Fernando Manuel SANTANA	1968	Colegio Monte Maior	1:33:30.74	+ 25:16.54
29.	12	Jose Manuel PEREIRA	1970	Palmela	1:33:33.84	+ 25:19.64
30.	53	Rui Manuel SOUSA	1971	NSCG	1:34:17.57	+ 26:03.37
31.	49	Helena Sofia MARQUES	1973	Millennium BCP	1:34:26.28	+ 26:12.08
32.	13	Paulo Saltao MOUTINHO	1971	Nadadores dos Estori	1:34:45.59	+ 26:31.39
33.	42	Rita Loureiro PINTO	1985	Ginasio Clube	1:35:14.31	+ 27:00.11
34.	04	Paulo Roberto COSTA	1965	Ind Brasil	1:35:33.71	+ 27:19.51
35.	50	Antonio Jorge MARTINHO	1965	Academica de Coimbr	1:35:57.99	+ 27:43.79
36.	06	Joao Giao MARTINS	1965	Colegio Monte Maior	1:37:33.46	+ 29:19.26
37.	75	Joana Silva CRISTOVAO	1981	FC Ferreiras	1:38:03.74	+ 29:49.54
38.	67	Francisco Miguel GASPAR	1983	Gualdim Pais	1:40:50.84	+ 32:36.64
39.	39	Nuno Telmo GONCALVES	1977	Sporting	1:41:00.96	+ 32:46.76
40.	09	Joao Pedro LIMA	1977	GesLoures	1:43:06.71	+ 34:52.51
41.	34	Rui Pedro SOARES	1970	Fonte Grada	1:43:14.17	+ 34:59.97
42.	46	Jorge Sequeira LIMA	1967	Electrico Clube	1:44:42.96	+ 36:28.76
43.	16	Isilda Maria GONCALVES	1976	Nadadores dos Estori	1:46:15.31	+ 38:01.11
44.	28	Domingos Pinto COELHO	1952	Alges	1:46:20.07	+ 38:05.87
45.	79	Jose Luis MATOS	1970	Academica de Coimbr	1:46:36.28	+ 38:22.08
46.	51	Carlos Augusto CORREIA	1952	Masters de Almada	1:46:42.09	+ 38:27.89
47.	20	Rui Manuel VELEZ	1964	Luz e Vida	1:47:05.46	+ 38:51.26
48.	10	Antonio Jorge VASCONCELOS	1981	GesLoures	1:49:00.00	+ 40:45.80
49.	74	Antonio Carlos BATISTA	1949	FC Ferreiras	1:53:00.50	+ 44:46.30
50.	78	Laura Carolina COELHO	1985	FC Ferreiras	1:53:00.86	+ 44:46.66
51.	35	Jose Manuel DIAS	1971	Fonte Grada	1:54:19.50	+ 46:05.30



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VILA NOVA-SERRA DE TOMAR, 30-9-2018

Prova 1, Todos, 5000m Livres, ABSOLUTO MASTER AA TODOS

Lugar	Touca	Nome	Ano	Clube	Tempo final	diferença
52.	56	Carmen Silvia MALHEIROS	1981	Litoral Alentejano	1:55:42.75	+ 47:28.55
53.	68	Joao Castro TEIXEIRA	1961	Natacao de Lisboa	1:56:53.11	+ 48:38.91
54.	29	Carlos Manuel PORTO	1951	Alges	1:58:57.22	+ 50:43.02
55.	99	Wanda Maria GIAO	1962	Portinado	2:00:53.25	+ 52:39.05
56.	52	Maria Madalena CANINAS	1963	Masters de Almada	2:03:45.03	+ 55:30.83
57.	31	Luis Vidigal SALGUEIRO	1945	Alges	2:08:35.1+	1:00:20.95
58.	81	Miguel Bolou VELEZ	1963	Natacao de Lisboa	2:10:36.2+	1:02:22.05
59.	44	Sebastiao Ferreira SANTOS	1967	Atletismo Ferreira do	2:12:14.2+	1:04:00.05
60.	30	Alexandre Azevedo GASPAR	1945	Alges	2:23:31.2+	1:15:17.08
DNS	17	Luisa Maria PINTAO	1954	Nadadores dos Estoris		
DNS	24	Paulo Jorge NEVES	1977	Alges		
DNS	40	Jorge Nuno ALMEIDA	1989	Ginasio Clube		
OTL	98	Ana Bernardo BARBARA	1970	Portinado	1:57:15.97	+ 49:01.77
OTL	62	Joao Pedro SANTOS	1990	Colegio Monte Maior	1:57:52.00	+ 49:37.80
OTL	26	Joaquim Miguel PAIVA	1968	Individual ANL	2:01:37.93	+ 53:23.73
OTL	41	Luisa Lopes AGANTE	1971	Leixoes	2:02:24.99	+ 54:10.79
OTL	36	Luis Paulo CIPRIANO	1973	Fonte Grada	2:14:49.5+	1:06:35.37
OTL	55	Oscar Jose MALHEIROS	1971	Litoral Alentejano	2:29:40.2+	1:21:26.02

ABSOLUTO MASTER AA FEM, Femin.

1.	03	Ana Teresa NUNES	1988	Ind	1:19:19.81	
2.	32	Isabel Baptista FERREIRA	1967	Colegio Monte Maior	1:19:35.60	+ 15.79
3.	48	Joana Isabel ARANTES	1972	Millennium BCP	1:24:00.35	+ 4:40.54
4.	60	Susana Maria MATEUS	1989	Litoral Alentejano	1:24:11.63	+ 4:51.82
5.	23	Ana Rita FERREIRA	1992	Colegio Monte Maior	1:25:19.13	+ 5:59.32
6.	100	Abigail Brooles SANTANA	1990	Colegio Monte Maior	1:27:47.63	+ 8:27.82
7.	61	Alexandra Adelinovna INACIO	1983	Colegio Monte Maior	1:27:58.85	+ 8:39.04
8.	05	Laura Manuela MIRANDA	1967	Colegio Monte Maior	1:29:56.77	+ 10:36.96
9.	49	Helena Sofia MARQUES	1973	Millennium BCP	1:34:26.28	+ 15:06.47
10.	42	Rita Loureiro PINTO	1985	Ginasio Clube	1:35:14.31	+ 15:54.50
11.	75	Joana Silva CRISTOVAO	1981	FC Ferreiras	1:38:03.74	+ 18:43.93
12.	16	Isilda Maria GONCALVES	1976	Nadadores dos Estori	1:46:15.31	+ 26:55.50
13.	78	Laura Carolina COELHO	1985	FC Ferreiras	1:53:00.86	+ 33:41.05
14.	56	Carmen Silvia MALHEIROS	1981	Litoral Alentejano	1:55:42.75	+ 36:22.94
15.	99	Wanda Maria GIAO	1962	Portinado	2:00:53.25	+ 41:33.44
16.	52	Maria Madalena CANINAS	1963	Masters de Almada	2:03:45.03	+ 44:25.22
DNS	17	Luisa Maria PINTAO	1954	Nadadores dos Estoris		
OTL	98	Ana Bernardo BARBARA	1970	Portinado	1:57:15.97	+ 37:56.16
OTL	41	Luisa Lopes AGANTE	1971	Leixoes	2:02:24.99	+ 43:05.18

ABSOLUTO MASTER AA MASC, Masc.

1.	57	Marco VANTAGGIATO	1971	Litoral Alentejano	1:08:14.20	
2.	59	Mauro Santos INACIO	1984	Litoral Alentejano	1:08:14.60	+ 0.40
3.	83	Jose Carlos FREITAS	1963	Ind ANNP	1:10:58.85	+ 2:44.65
4.	19	Joao Carlos SILVA	1989	Colegio Monte Maior	1:16:01.20	+ 7:47.00
5.	33	Eurico Manuel SANTOS	1970	Colegio Monte Maior	1:16:06.38	+ 7:52.18
6.	64	Paulo Jorge MARQUES	1986	Gualdim Pais	1:19:12.10	+ 10:57.90
7.	11	Luis Paulo PITEIRA	1968	Palmela	1:19:18.31	+ 11:04.11
8.	07	Alexandre Marques PEREIRA	1976	Colegio Monte Maior	1:19:26.85	+ 11:12.65
9.	43	Rui Carvalho MARTINS	1984	Ginasio Clube	1:21:04.92	+ 12:50.72
10.	45	Alberto Vaz CORREIA	1955	Salesianos	1:21:12.03	+ 12:57.83
11.	27	Vitor Manuel MAVIOSO	1956	Alges	1:21:13.06	+ 12:58.86
12.	54	Frederico Gomes CARVALHO	1974	Naval Setubalense	1:21:16.99	+ 13:02.79



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Prova 1, Masc., 5000m Livres, ABSOLUTO MASTER AA MASC

Lugar	Touca	Nome	Ano	Clube	Tempo final	diferença
13.	47	Joao Manuel SILVA	1963	Millennium BCP	1:21:59.17	+ 13:44.97
14.	21	Daniel Filipe CANDEIAS	1991	Luz e Vida	1:22:29.13	+ 14:14.93
15.	25	Ricardo Miguel FRIAS	1973	Alges	1:25:37.13	+ 17:22.93
16.	02	Adelino Jose CASAS	1966	Colegio Monte Maior	1:27:00.87	+ 18:46.67
17.	15	Miguel Gonzalez LUENGO	1970	Nadadores dos Estori	1:27:36.60	+ 19:22.40
18.	22	Jose Virgulino TEODOSIO	1962	Luz e Vida	1:29:58.60	+ 21:44.40
19.	08	Francisco Santos BARROS	1972	Porto	1:31:50.34	+ 23:36.14
20.	37	Fernando Manuel SANTANA	1968	Colegio Monte Maior	1:33:30.74	+ 25:16.54
21.	12	Jose Manuel PEREIRA	1970	Palmela	1:33:33.84	+ 25:19.64
22.	53	Rui Manuel SOUSA	1971	NSCG	1:34:17.57	+ 26:03.37
23.	13	Paulo Saltao MOUTINHO	1971	Nadadores dos Estori	1:34:45.59	+ 26:31.39
24.	04	Paulo Roberto COSTA	1965	Ind Brasil	1:35:33.71	+ 27:19.51
25.	50	Antonio Jorge MARTINHO	1965	Academica de Coimbr	1:35:57.99	+ 27:43.79
26.	06	Joao Giao MARTINS	1965	Colegio Monte Maior	1:37:33.46	+ 29:19.26
27.	67	Francisco Miguel GASPAR	1983	Gualdim Pais	1:40:50.84	+ 32:36.64
28.	39	Nuno Telmo GONCALVES	1977	Sporting	1:41:00.96	+ 32:46.76
29.	09	Joao Pedro LIMA	1977	GesLoures	1:43:06.71	+ 34:52.51
30.	34	Rui Pedro SOARES	1970	Fonte Grada	1:43:14.17	+ 34:59.97
31.	46	Jorge Sequeira LIMA	1967	Electrico Clube	1:44:42.96	+ 36:28.76
32.	28	Domingos Pinto COELHO	1952	Alges	1:46:20.07	+ 38:05.87
33.	79	Jose Luis MATOS	1970	Academica de Coimbr	1:46:36.28	+ 38:22.08
34.	51	Carlos Augusto CORREIA	1952	Masters de Almada	1:46:42.09	+ 38:27.89
35.	20	Rui Manuel VELEZ	1964	Luz e Vida	1:47:05.46	+ 38:51.26
36.	10	Antonio Jorge VASCONCELOS	1981	GesLoures	1:49:00.00	+ 40:45.80
37.	74	Antonio Carlos BATISTA	1949	FC Ferreiras	1:53:00.50	+ 44:46.30
38.	35	Jose Manuel DIAS	1971	Fonte Grada	1:54:19.50	+ 46:05.30
39.	68	Joao Castro TEIXEIRA	1961	Natacao de Lisboa	1:56:53.11	+ 48:38.91
40.	29	Carlos Manuel PORTO	1951	Alges	1:58:57.22	+ 50:43.02
41.	31	Luis Vidigal SALGUEIRO	1945	Alges	2:08:35.1+	+ 1:00:20.95
42.	81	Miguel Bolou VELEZ	1963	Natacao de Lisboa	2:10:36.2+	+ 1:02:22.05
43.	44	Sebastiao Ferreira SANTOS	1967	Atletismo Ferreira do	2:12:14.2+	+ 1:04:00.05
44.	30	Alexandre Azevedo GASPAS	1945	Alges	2:23:31.2+	+ 1:15:17.08
DNS	24	Paulo Jorge NEVES	1977	Alges		
DNS	40	Jorge Nuno ALMEIDA	1989	Ginasio Clube		
OTL	62	Joao Pedro SANTOS	1990	Colegio Monte Maior	1:57:52.00	+ 49:37.80
OTL	26	Joaquim Miguel PAIVA	1968	Individual ANL	2:01:37.93	+ 53:23.73
OTL	36	Luis Paulo CIPRIANO	1973	Fonte Grada	2:14:49.5+	+ 1:06:35.37
OTL	55	Oscar Jose MALHEIROS	1971	Litoral Alentejano	2:29:40.2+	+ 1:21:26.02

MASTER A-B, Femin.

1.	03	Ana Teresa NUNES	1988	Ind	1:19:19.81	
2.	60	Susana Maria MATEUS	1989	Litoral Alentejano	1:24:11.63	+ 4:51.82
3.	23	Ana Rita FERREIRA	1992	Colegio Monte Maior	1:25:19.13	+ 5:59.32
4.	100	Abigail Brooles SANTANA	1990	Colegio Monte Maior	1:27:47.63	+ 8:27.82
5.	42	Rita Loureiro PINTO	1985	Ginasio Clube	1:35:14.31	+ 15:54.50
6.	78	Laura Carolina COELHO	1985	FC Ferreiras	1:53:00.86	+ 33:41.05

MASTER C-D, Femin.

1.	61	Alexandra Adelinovna INACIO	1983	Colegio Monte Maior	1:27:58.85	
2.	75	Joana Silva CRISTOVAO	1981	FC Ferreiras	1:38:03.74	+ 10:04.89
3.	16	Isilda Maria GONCALVES	1976	Nadadores dos Estori	1:46:15.31	+ 18:16.46
4.	56	Carmen Silvia MALHEIROS	1981	Litoral Alentejano	1:55:42.75	+ 27:43.90



XXIX TRAVESSIA DOS TEMPLARIOS- 5 KM
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Prova 1, 5000m Livres

MASTER E-F, Femin.

1.	32	Isabel Baptista FERREIRA	1967	Colegio Monte Maior	1:19:35.60	
2.	48	Joana Isabel ARANTES	1972	Millennium BCP	1:24:00.35	+ 4:24.75
3.	05	Laura Manuela MIRANDA	1967	Colegio Monte Maior	1:29:56.77	+ 10:21.17
4.	49	Helena Sofia MARQUES	1973	Millennium BCP	1:34:26.28	+ 14:50.68
OTL	98	Ana Bernardo BARBARA	1970	Portinado	1:57:15.97	+ 37:40.37
OTL	41	Luisa Lopes AGANTE	1971	Leixoes	2:02:24.99	+ 42:49.39

MASTER G-H, Femin.

1.	99	Wanda Maria GIAO	1962	Portinado	2:00:53.25	
2.	52	Maria Madalena CANINAS	1963	Masters de Almada	2:03:45.03	+ 2:51.78
DNS	17	Luisa Maria PINTAO	1954	Nadadores dos Estoris		

MASTER A-B, Masc.

1.	59	Mauro Santos INACIO	1984	Litoral Alentejano	1:08:14.60	
2.	19	Joao Carlos SILVA	1989	Colegio Monte Maior	1:16:01.20	+ 7:46.60
3.	64	Paulo Jorge MARQUES	1986	Gualdim Pais	1:19:12.10	+ 10:57.50
4.	43	Rui Carvalho MARTINS	1984	Ginasio Clube	1:21:04.92	+ 12:50.32
5.	21	Daniel Filipe CANDEIAS	1991	Luz e Vida	1:22:29.13	+ 14:14.53
DNS	40	Jorge Nuno ALMEIDA	1989	Ginasio Clube		
OTL	62	Joao Pedro SANTOS	1990	Colegio Monte Maior	1:57:52.00	+ 49:37.40

MASTER C-D, Masc.

1.	07	Alexandre Marques PEREIRA	1976	Colegio Monte Maior	1:19:26.85	
2.	54	Frederico Gomes CARVALHO	1974	Naval Setubalense	1:21:16.99	+ 1:50.14
3.	67	Francisco Miguel GASPAR	1983	Gualdim Pais	1:40:50.84	+ 21:23.99
4.	39	Nuno Telmo GONCALVES	1977	Sporting	1:41:00.96	+ 21:34.11
5.	09	Joao Pedro LIMA	1977	GesLoures	1:43:06.71	+ 23:39.86
6.	10	Antonio Jorge VASCONCELOS	1981	GesLoures	1:49:00.00	+ 29:33.15
DNS	24	Paulo Jorge NEVES	1977	Alges		

MASTER E-F, Masc.

1.	57	Marco VANTAGGIATO	1971	Litoral Alentejano	1:08:14.20	
2.	33	Eurico Manuel SANTOS	1970	Colegio Monte Maior	1:16:06.38	+ 7:52.18
3.	11	Luis Paulo PITEIRA	1968	Palmela	1:19:18.31	+ 11:04.11
4.	25	Ricardo Miguel FRIAS	1973	Alges	1:25:37.13	+ 17:22.93
5.	02	Adelino Jose CASAS	1966	Colegio Monte Maior	1:27:00.87	+ 18:46.67
6.	15	Miguel Gonzalez LUENGO	1970	Nadadores dos Estori	1:27:36.60	+ 19:22.40
7.	08	Francisco Santos BARROS	1972	Porto	1:31:50.34	+ 23:36.14
8.	37	Fernando Manuel SANTANA	1968	Colegio Monte Maior	1:33:30.74	+ 25:16.54
9.	12	Jose Manuel PEREIRA	1970	Palmela	1:33:33.84	+ 25:19.64
10.	53	Rui Manuel SOUSA	1971	NSCG	1:34:17.57	+ 26:03.37
11.	13	Paulo Saltao MOUTINHO	1971	Nadadores dos Estori	1:34:45.59	+ 26:31.39
12.	04	Paulo Roberto COSTA	1965	Ind Brasil	1:35:33.71	+ 27:19.51
13.	50	Antonio Jorge MARTINHO	1965	Academica de Coimbra	1:35:57.99	+ 27:43.79
14.	06	Joao Gao MARTINS	1965	Colegio Monte Maior	1:37:33.46	+ 29:19.26
15.	34	Rui Pedro SOARES	1970	Fonte Grada	1:43:14.17	+ 34:59.97
16.	46	Jorge Sequeira LIMA	1967	Electrico Clube	1:44:42.96	+ 36:28.76
17.	79	Jose Luis MATOS	1970	Academica de Coimbra	1:46:36.28	+ 38:22.08
18.	20	Rui Manuel VELEZ	1964	Luz e Vida	1:47:05.46	+ 38:51.26
19.	35	Jose Manuel DIAS	1971	Fonte Grada	1:54:19.50	+ 46:05.30
20.	44	Sebastiao Ferreira SANTOS	1967	Atletismo Ferreira do	2:12:14.21	+ 1:04:00.05
OTL	26	Joaquim Miguel PAIVA	1968	Individual ANL	2:01:37.93	+ 53:23.73



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Prova 1, Masc., 5000m Livres, MASTER E-F

Lugar	Touca	Nome	Ano	Clube	Tempo final	diferença
OTL	36	Luis Paulo CIPRIANO	1973	Fonte Grada	2:14:49.5+	1:06:35.37
OTL	55	Oscar Jose MALHEIROS	1971	Litoral Alentejano	2:29:40.2+	1:21:26.02

MASTER G-H, Masc.

1.	83	Jose Carlos FREITAS	1963	Ind ANNP	1:10:58.85	
2.	45	Alberto Vaz CORREIA	1955	Salesianos	1:21:12.03	+ 10:13.18
3.	27	Vitor Manuel MAVIOSO	1956	Alges	1:21:13.06	+ 10:14.21
4.	47	Joao Manuel SILVA	1963	Millennium BCP	1:21:59.17	+ 11:00.32
5.	22	Jose Virgulino TEODOSIO	1962	Luz e Vida	1:29:58.60	+ 18:59.75
6.	68	Joao Castro TEIXEIRA	1961	Natacao de Lisboa	1:56:53.11	+ 45:54.26
7.	81	Miguel Bolou VELEZ	1963	Natacao de Lisboa	2:10:36.25	+ 59:37.40

MASTER I-J, Masc.

1.	28	Domingos Pinto COELHO	1952	Alges	1:46:20.07	
2.	51	Carlos Augusto CORREIA	1952	Masters de Almada	1:46:42.09	+ 22.02
3.	74	Antonio Carlos BATISTA	1949	FC Ferreiras	1:53:00.50	+ 6:40.43
4.	29	Carlos Manuel PORTO	1951	Alges	1:58:57.22	+ 12:37.15
5.	31	Luis Vidigal SALGUEIRO	1945	Alges	2:08:35.15	+ 22:15.08
6.	30	Alexandre Azevedo GASPAR	1945	Alges	2:23:31.28	+ 37:11.21



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Prova 2
30-09-2018

5000m Livres

14 anos e mais velhos
Resultados

Lugar	Touca	Nome	Ano	Clube	Tempo final	diferença
ABSOLUTO AA TODOS						
1.	01	Rafael Lourenco GIL	1996	Individual ANL	1:02:23.85	
2.	38	Diogo Barbosa NUNES	2000	Ind ANNP	1:02:31.06	+ 7.21
3.	96	Jose Pedro SAMPAIO	1998	Fluvial Portuense	1:03:25.31	+ 1:01.46
4.	91	Goncalo Gualberto BARBARA	2000	Rio Maior	1:04:29.60	+ 2:05.75
5.	70	Rodrigo Alexandre TRAVASSOS	2002	CASPAE	1:04:49.60	+ 2:25.75
6.	72	Paulo Andre FROTA	2002	CASPAE	1:05:01.25	+ 2:37.40
7.	94	Angelica Maria ANDRE	1994	Fluvial Portuense	1:05:29.95	+ 3:06.10
8.	85	Martim Miranda MACHADO	2003	Uniao Coimbra	1:07:50.63	+ 5:26.78
9.	18	Simao Pedro DIAS	2002	Natacao da Guarda	1:08:12.74	+ 5:48.89
10.	71	Ana Rita QUEIROZ	2002	CASPAE	1:08:15.13	+ 5:51.28
11.	73	Matilde Alves FLORENCIO	2004	CASPAE	1:08:20.85	+ 5:57.00
12.	84	Ines Matos SOUSA	2003	Uniao Coimbra	1:09:02.56	+ 6:38.71
13.	95	Maria Joao FERNANDES	1997	Fluvial Portuense	1:09:03.60	+ 6:39.75
14.	80	Ines Alves MARTINS	2001	Ind ANNP	1:09:04.03	+ 6:40.18
15.	69	Sara Sofia TEJO	2003	CASPAE	1:09:19.74	+ 6:55.89
16.	90	Beatriz Moreira CARVALHO	2003	Rio Maior	1:13:59.10	+ 11:35.25
	92	Tomas Miguel FELICIO	2003	Rio Maior	1:13:59.10	+ 11:35.25
18.	87	Tiago Miguel JORGE	2003	Rio Maior	1:13:59.42	+ 11:35.57
19.	86	Erik Norbert VASS	2003	Rio Maior	1:16:00.10	+ 13:36.25
20.	63	Bernardo Jose DIONISIO	1999	Gualdim Pais	1:17:02.74	+ 14:38.89
21.	89	Beatriz Maria FREIXIEIRO	2004	Rio Maior	1:19:10.85	+ 16:47.00
22.	88	Ana Campos SILVA	2003	Rio Maior	1:20:47.25	+ 18:23.40
23.	76	Jose Joao ANTUNES	2003	FC Ferreiras	1:20:47.74	+ 18:23.89
24.	97	Mario Jorge NUNES	1992	Natacao do Tejo	1:21:04.52	+ 18:40.67
25.	66	Lea Alexandra MENDES	2003	Gualdim Pais	1:21:12.38	+ 18:48.53
26.	65	Carolina Lopes VIEIRA	2002	Gualdim Pais	1:21:15.87	+ 18:52.02
27.	82	Sofia Correia BARBADO	2003	A Atletico Montemor	1:22:13.35	+ 19:49.50
28.	77	Patricia Silva OLIVEIRA	2003	FC Ferreiras	1:25:25.38	+ 23:01.53
29.	58	Melissa Helena LOPES	2000	Litoral Alentejano	1:27:48.60	+ 25:24.75
DNS	14	Antonio Higino MARQUES	1961	Nadadores dos Estoris		
DNS	93	Goncalo Goncalves MENESES	1992	Braga		

ABSOLUTO AA FEM, Femin.

1.	94	Angelica Maria ANDRE	1994	Fluvial Portuense	1:05:29.95	
2.	71	Ana Rita QUEIROZ	2002	CASPAE	1:08:15.13	+ 2:45.18
3.	73	Matilde Alves FLORENCIO	2004	CASPAE	1:08:20.85	+ 2:50.90
4.	84	Ines Matos SOUSA	2003	Uniao Coimbra	1:09:02.56	+ 3:32.61
5.	95	Maria Joao FERNANDES	1997	Fluvial Portuense	1:09:03.60	+ 3:33.65
6.	80	Ines Alves MARTINS	2001	Ind ANNP	1:09:04.03	+ 3:34.08
7.	69	Sara Sofia TEJO	2003	CASPAE	1:09:19.74	+ 3:49.79
8.	90	Beatriz Moreira CARVALHO	2003	Rio Maior	1:13:59.10	+ 8:29.15
9.	89	Beatriz Maria FREIXIEIRO	2004	Rio Maior	1:19:10.85	+ 13:40.90
10.	88	Ana Campos SILVA	2003	Rio Maior	1:20:47.25	+ 15:17.30
11.	66	Lea Alexandra MENDES	2003	Gualdim Pais	1:21:12.38	+ 15:42.43
12.	65	Carolina Lopes VIEIRA	2002	Gualdim Pais	1:21:15.87	+ 15:45.92
13.	82	Sofia Correia BARBADO	2003	A Atletico Montemor	1:22:13.35	+ 16:43.40
14.	77	Patricia Silva OLIVEIRA	2003	FC Ferreiras	1:25:25.38	+ 19:55.43
15.	58	Melissa Helena LOPES	2000	Litoral Alentejano	1:27:48.60	+ 22:18.65



XXIX TRAVESSIA DOS TEMPLARIOS- 5 KM
VILA NOVA-SERRA DE TOMAR, 30-9-2018

Prova 2, 5000m Livres

ABSOLUTO AA MASC, Masc.

1.	01	Rafael Lourenco GIL	1996	Individual ANL	1:02:23.85	
2.	38	Diogo Barbosa NUNES	2000	Ind ANNP	1:02:31.06	+ 7.21
3.	96	Jose Pedro SAMPAIO	1998	Fluvial Portuense	1:03:25.31	+ 1:01.46
4.	91	Goncalo Gualberto BARBARA	2000	Rio Maior	1:04:29.60	+ 2:05.75
5.	70	Rodrigo Alexandre TRAVASSOS	2002	CASPAE	1:04:49.60	+ 2:25.75
6.	72	Paulo Andre FROTA	2002	CASPAE	1:05:01.25	+ 2:37.40
7.	85	Martim Miranda MACHADO	2003	Uniao Coimbra	1:07:50.63	+ 5:26.78
8.	18	Simao Pedro DIAS	2002	Natacao da Guarda	1:08:12.74	+ 5:48.89
9.	92	Tomas Miguel FELICIO	2003	Rio Maior	1:13:59.10	+ 11:35.25
10.	87	Tiago Miguel JORGE	2003	Rio Maior	1:13:59.42	+ 11:35.57
11.	86	Erik Norbert VASS	2003	Rio Maior	1:16:00.10	+ 13:36.25
12.	63	Bernardo Jose DIONISIO	1999	Gualdim Pais	1:17:02.74	+ 14:38.89
13.	76	Jose Joao ANTUNES	2003	FC Ferreiras	1:20:47.74	+ 18:23.89
14.	97	Mario Jorge NUNES	1992	Natacao do Tejo	1:21:04.52	+ 18:40.67
DNS	14	Antonio Higino MARQUES	1961	Nadadores dos Estoris		
DNS	93	Goncalo Goncalves MENESES	1992	Braga		

AA 14-15 F, Femin.

1.	73	Matilde Alves FLORENCIO	2004	CASPAE	1:08:20.85	
2.	84	Ines Matos SOUSA	2003	Uniao Coimbra	1:09:02.56	+ 41.71
3.	69	Sara Sofia TEJO	2003	CASPAE	1:09:19.74	+ 58.89
4.	90	Beatriz Moreira CARVALHO	2003	Rio Maior	1:13:59.10	+ 5:38.25
5.	89	Beatriz Maria FREIXIEIRO	2004	Rio Maior	1:19:10.85	+ 10:50.00
6.	88	Ana Campos SILVA	2003	Rio Maior	1:20:47.25	+ 12:26.40
7.	66	Lea Alexandra MENDES	2003	Gualdim Pais	1:21:12.38	+ 12:51.53
8.	82	Sofia Correia BARBADO	2003	A Atletico Montemor	1:22:13.35	+ 13:52.50
9.	77	Patricia Silva OLIVEIRA	2003	FC Ferreiras	1:25:25.38	+ 17:04.53

AA 16-17 F, Femin.

1.	71	Ana Rita QUEIROZ	2002	CASPAE	1:08:15.13	
2.	80	Ines Alves MARTINS	2001	Ind ANNP	1:09:04.03	+ 48.90
3.	65	Carolina Lopes VIEIRA	2002	Gualdim Pais	1:21:15.87	+ 13:00.74

AA 18-19 F, Femin.

1.	58	Melissa Helena LOPES	2000	Litoral Alentejano	1:27:48.60	
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AA +20 F, Femin.

1.	94	Angelica Maria ANDRE	1994	Fluvial Portuense	1:05:29.95	
2.	95	Maria Joao FERNANDES	1997	Fluvial Portuense	1:09:03.60	+ 3:33.65

AA 15 M, Masc.

1.	85	Martim Miranda MACHADO	2003	Uniao Coimbra	1:07:50.63	
2.	92	Tomas Miguel FELICIO	2003	Rio Maior	1:13:59.10	+ 6:08.47
3.	87	Tiago Miguel JORGE	2003	Rio Maior	1:13:59.42	+ 6:08.79
4.	86	Erik Norbert VASS	2003	Rio Maior	1:16:00.10	+ 8:09.47
5.	76	Jose Joao ANTUNES	2003	FC Ferreiras	1:20:47.74	+ 12:57.11



XXIX TRAVESSIA DOS TEMPLARIOS- 5 KM
VILA NOVA-SERRA DE TOMAR, 30-9-2018

Prova 2, 5000m Livres

AA 16-17 M, Masc.

1.	70	Rodrigo Alexandre TRAVASSOS	2002	CASPAE	1:04:49.60	
2.	72	Paulo Andre FROTA	2002	CASPAE	1:05:01.25	+ 11.65
3.	18	Simao Pedro DIAS	2002	Natacao da Guarda	1:08:12.74	+ 3:23.14

AA 18-19 M, Masc.

1.	38	Diogo Barbosa NUNES	2000	Ind ANNP	1:02:31.06	
2.	91	Goncalo Gualberto BARBARA	2000	Rio Maior	1:04:29.60	+ 1:58.54
3.	63	Bernardo Jose DIONISIO	1999	Gualdim Pais	1:17:02.74	+ 14:31.68

AA20+ M, Masc.

1.	01	Rafael Lourenco GIL	1996	Individual ANL	1:02:23.85	
2.	96	Jose Pedro SAMPAIO	1998	Fluvial Portuense	1:03:25.31	+ 1:01.46
3.	97	Mario Jorge NUNES	1992	Natacao do Tejo	1:21:04.52	+ 18:40.67
DNS	14	Antonio Higino MARQUES	1961	Nadadores dos Estoris		
DNS	93	Goncalo Goncalves MENESES	1992	Braga		